



There are a number of sections of the Duke of Edinburgh Award which Hillary Outdoors can assist you with. Some of these can be included as part of an existing 5 day or longer programme, while others need specialised focus.

## Residential Project (Gold Award)

The Residential Project requires participants to undertake a shared project away from home, over a period of at least 5 days in the company of others who are not their usual companions. A Hillary Outdoors Holiday Action Challenge Programme or Leadership Week would be the ideal way to achieve this whilst having loads of fun. There can only be one other person you know attending the course. Check out our website <https://www.hillaryoutdoors.co.nz/holiday-programmes/> for the latest holiday programme opportunities.

Participants wishing to complete their Residential Project with us must let us know at the time of booking and bring their record book with them to give to their instructor, we are unable to sign record books after participants have left Hillary Outdoors.

## Adventurous Journey

The Adventurous Journey component of the Duke of Edinburgh Award has three stages: Training, Practice Journey and the Qualifying Journey. Hillary Outdoors can support participants with each stage, options are outline below.

### **Training:**

You must have adequate structured learning in bush craft before undertaking your Practice Journey as there are some critical skills you need to learn. This is training on topics such as leadership, trip planning, map reading and survival skills. It's all about keeping you safe in the outdoors - safety of participants is the top priority.

**Training as Part of a 5 Day Programme:** For individual participants who are already taking part in a 5 Day programme, some sections of the training syllabus such as navigation will naturally be covered, we are happy to sign these off at the time if participants have their logbooks handy. Some sections, such as outdoor first aid training, are not covered as part of a standard 5-day programme.

**Specialised Training:** We can offer a 5-day programme that will cover everything you need to know (except your first aid training) and also a practice journey. These courses will take place over 5 days.

**Specialised Training for groups:** We can also offer tailor made training courses for groups of participants who want some specific training. This can be either a day visit or anything up to five days depending on how much you need to cover and if you would like to include a practise journey.

**Online Training:** At Bronze and Silver levels, there is an option to do your training online, however you can only do the online training once. You can complete your training online via the link contained on the Duke of Edinburgh website: <https://dofehillary.org.nz/Adventurous+Journey>

### **Practice Journey:**

Practice Journeys are designed to give participants the skills they need to successfully complete their Qualifying Journey. With this in mind, it is important that participants select their Qualifying Journey before selecting their Practice Journey so we know what skills need to be developed. Here's how the process works at Hillary Outdoors:

- Participants decide on the goals of their Qualifying Journey, what do they want to do/see/experience
- Participants select a journey that meets their goals
- Hillary Outdoors assesses the skills participants will need to complete their Qualifying Journey
- Hillary Outdoors selects a Practice Journey which will build these skills

The length of the practice journey varies dependant on the award level:

**Bronze:** 1 days 1 night  
6 hours of activity per day

**Silver:** minimum 1 day 1 night  
7 hours of activity per day

**Gold:** minimum 1 day 1 night  
8 hours of activity per day

At the end of each Practice Journey, participants will review their learning with the help of their instructor and decide if they are ready for their Qualifying Journey

### **Qualifying Journey:**

Once participants have all the necessary skills it's time for their qualifying journey. Hillary Outdoors can provide assessors to shadow journey groups; our team have many years of experience striking the correct balance between allowing independence while providing safety management oversight.

The length of the Qualifying Journey varies dependant on the award level:

**Bronze:** 2 days 1 night  
6 hours of activity per day

**Silver:** 3 days 2 nights  
7 hours of activity per day

**Gold:** 4 days 3 nights  
8 hours of activity per day

Instructors will debrief students about their expedition at the end of their journey. To complete this stage, students will then need to prepare and present their expedition report when back at home.

	Pre-Arrival	Day One (arrival day)	Day Two	Day Three	Day Four	Day Five	Day Six	Day Seven
<b>Bronze Adventurous Journey (Practice and Qualifying)</b>	<p>Make sure you are signed up to the Duke of Edinburgh scheme - <a href="https://dofehillary.org.nz/">https://dofehillary.org.nz/</a></p> <p>Complete your training either through an Accredited Provider, through your Award Unit, or online via the Duke of Edinburgh website: <a href="http://www.bronzetrain.com/">http://www.bronzetrain.com/</a></p>	<p>Travel to Hillary Outdoors</p> <p>Either <b>Self-transport</b> (please arrive at Hillary Outdoors at 5pm)</p> <p><u>OR</u></p> <p><b>Book a bus</b> to Turangi Bus Stop (arriving at Turangi Bus Stop prior to 4pm). Students will be picked up by a Hillary Outdoors staff member at 4pm.</p>	Begin practice journey.	<p>Complete practice journey.</p> <p>Return to Hillary Outdoors in afternoon. Prepare for qualifying journey. Stay on site overnight.</p>	Begin qualifying Journey.	<p>Complete qualifying Journey.</p> <p>Depart from Hillary Outdoors at 1pm <u>OR</u> book a bus departing from Turangi after 2pm (a Hillary Outdoors staff member will drop you off at the bus stop at 2pm.)</p>		
<b>Silver &amp; Gold Combined Adventurous Journey (Practice and Qualifying)</b>	<p>Complete your training either through an Accredited Provider, through your Award Unit, or online via the Duke of Edinburgh website: <a href="http://www.bronzetrain.com/">http://www.bronzetrain.com/</a></p>	<p><b>Planning Evening</b></p> <p>The team sets adventurous journey goals and selects a qualifying journey route. Based on the team selection, a practice journey will be selected to build the skills participants will need for their qualifying journey.</p>	Begin practice journey.	<p>Complete practice journey.</p> <p>Return to Hillary Outdoors in afternoon. Prepare for qualifying journey. Stay on site overnight.</p>	Begin qualifying journey.	Continue qualifying journey.	Continue qualifying journey.	<p>Complete qualifying journey.</p> <p>Depart from Hillary Outdoors at 1pm <u>OR</u> book a bus departing from Turangi after 2pm (a Hillary Outdoors staff member will drop you off at the bus stop at 2pm.)</p>