

SIR EDMUND HILLARY OUTDOORS EDUCATION TRUST

PROGRAMME INFORMATION



ABOUT US



Hillary Outdoors (formerly, OPC) was founded by Sir Graeme Dingle in 1972. Sir Edmund Hillary was Patron from 1972 until he passed in 2008. Sir Edmund Hillary believed in the then, innovation of combining education and the outdoors, and gave his name to the organisation. Today, Sir Graeme Dingle remains part of Hillary Outdoors as our Patron, and Sir Edmund Hillary's grandson, Alexander Hillary is our second Patron.

The Hillary Outdoors schools programme has a place in the hearts of generations of New Zealanders.

Our goal is to sow the seeds of change and growth in everyone we work with, through outdoor adventures. We are part of a vibrant and sustainable future for Aotearoa New Zealand.

OUR PURPOSE

People are empowered to do extraordinary things by achieving growth through adventure, and connection through participation.

OUR VALUES



WHANAUNGATANGA CONNECTIONS

Establishing relationships and relating to others



WHAKATIPU GROWTH

Growth in a values based learning environment



KAITIAKITANGA GUARDIANSHIP AND PROTECTION OF OUR ENVIRONMENT

Guardianship, stewardship and protection of the environments we operate in

WHAT ARE HILLARY OUTDOORS PROGRAMMES?

Our programmes are designed for rangatahi from year 7 to 13. We facilitate multi-day, multi-week, and multi-year programmes. Each booking is tailored to make a lasting impact; hence we will work with your group to determine the duration that best achieves your desired outcomes.

Our most popular programme is 5 days, arriving Sunday evening and participating in activities from Monday to Friday. Throughout the week, your instructor will work with the participants to design a bespoke programme based on your group's focus area, desired learning outcomes, activity preferences and the weather conditions.

[Activities at Tongariro](#)

[Activities at Coromandel](#)

Years 7 to 13 are some of the most formative years of young people's lives. We aim to increase students' skills by providing opportunities to build resilience and change behavioural patterns, ultimately setting rangatahi up for adulthood. We offer a bespoke and balanced approach to meet your group's educational outcomes by learning through adventure and connecting through participation.



AUT INDEPENDENT RESEARCH

But how do we develop these life skills? Independent research by Auckland University of Technology found that participating in a Hillary Outdoors programme is often a life-changing experience where students become leaders, develop a sense of belonging, learn through teamwork, and connect with community.

It is these learnings that will determine how students act, make decisions throughout their lives, and deal with challenges, and it is Hillary Outdoors that helps deliver these lessons.

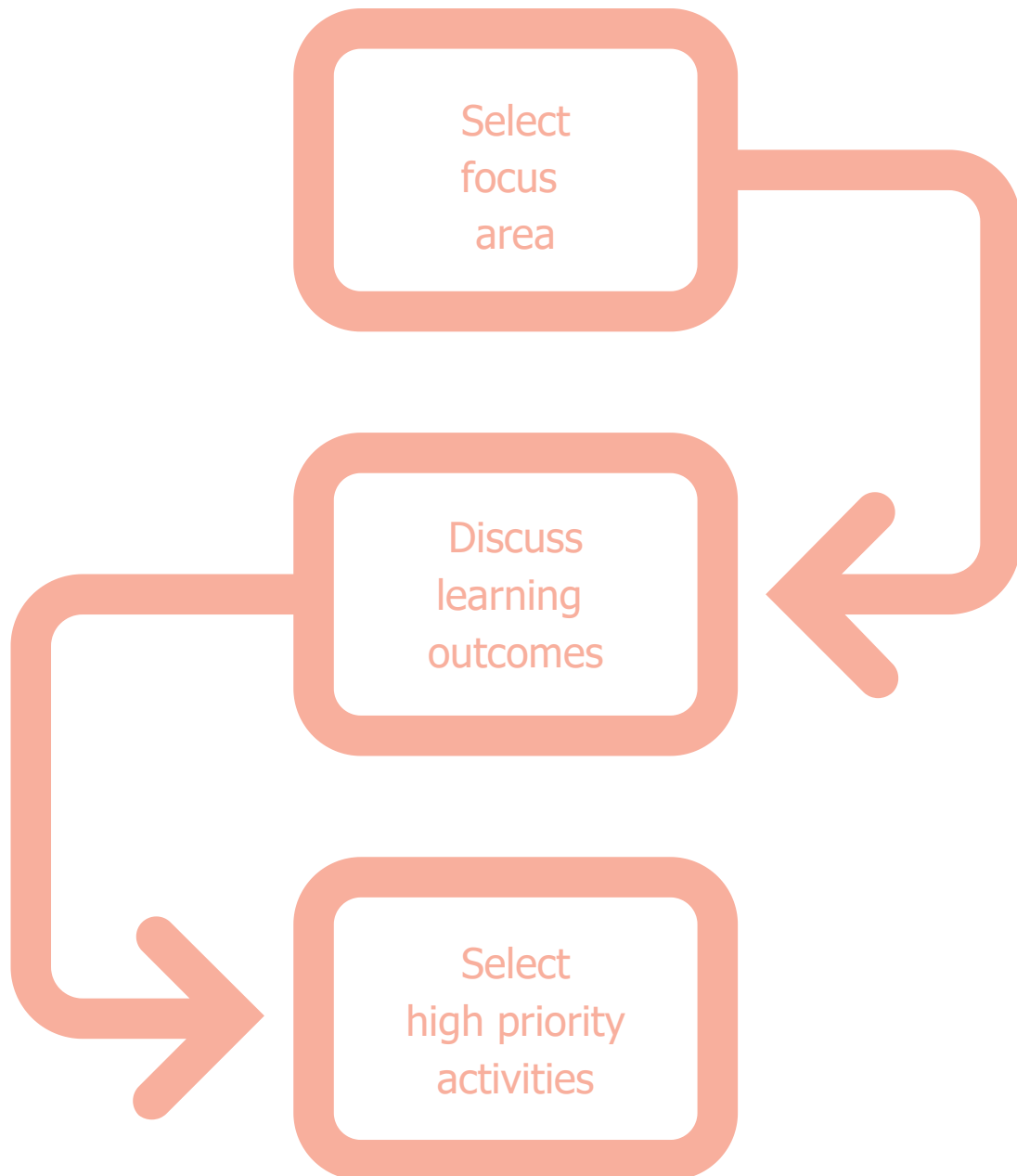
*“People do not decide to become extraordinary.
They decide to accomplish extraordinary things.”*

– Sir Edmund Hillary



CREATING A PROGRAMME

A bespoke programme is created by selecting a focus area and beginning discussions with one of our Programme Coordinators. We will work closely with you leading up to your booking to ensure we have a thorough brief for our instructors.



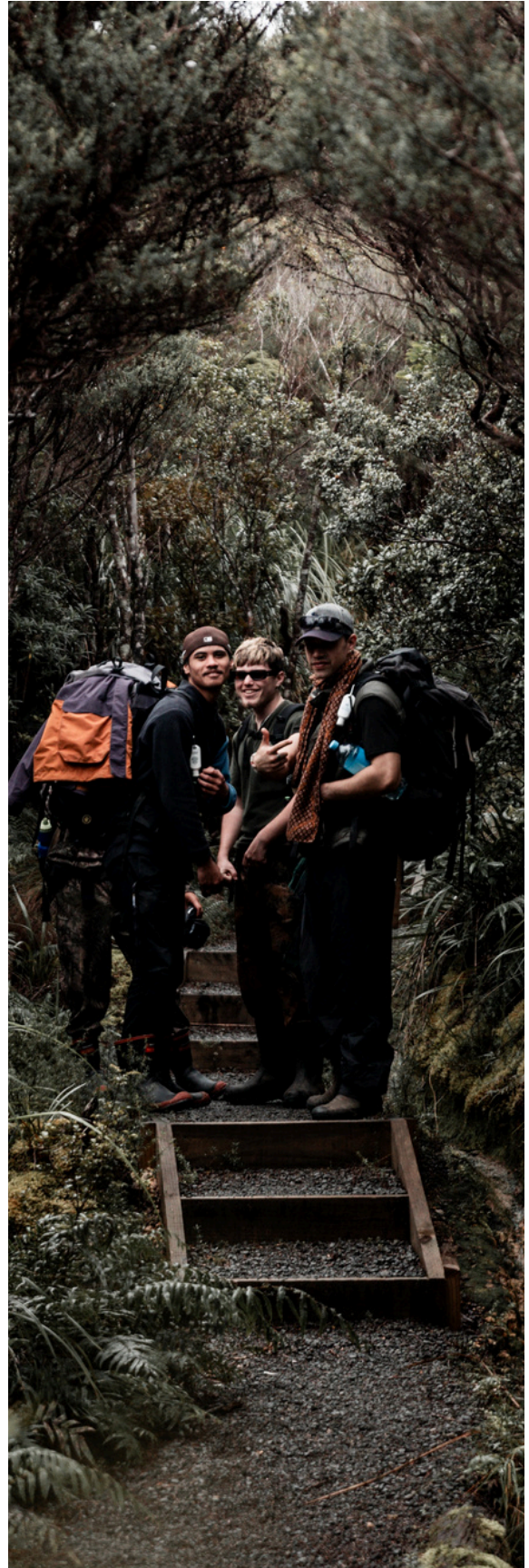
FOCUS AREAS

Each programme is tailored to meet the needs of each group.

To design your programme, we encourage you to start by selecting ONE* of the focus areas below.

- **Growth**
- **Interpersonal skills**
- **Wellbeing**
- **Resilience**
- **Leadership**
- **Positive mindset**
- **Environmental stewardship**
- **Self-management**

*Please note that learnings will incorporate many of these skills, but to start the process, one focus area needs to be selected.



ABOUT THE FOCUS AREAS



Growth

“Knowing others is intelligence. Knowing yourself is true wisdom. Mastering others is strength. Mastering yourself is true power.” – Lao Tzu

This is the most popular programme and the best introduction to learning through adventure. Hillary Outdoors provides a variety of outdoor activities and experiences for your students to learn about teamwork, expand their comfort-zones, and learn to give and receive positive encouragement.

Interpersonal Skills

“You cannot get through a single day without having an impact on the world around you.

What you do makes a difference, and you have to decide what kind of difference you want to make.”
- Jane Goodall

The ability for your students to be competent, caring, and confident contributing members of your school and wider community is crucial. Your students will learn interpersonal skills through hard and soft-skill activities that will promote effective communication, develop empathy, and demonstrating respect.

Resilience

“Whether you think you can, or think you can’t, you’re probably right.” - Henry Ford

Study, sports teams, cultural commitments, and social media; today’s youth lead complex, fast paced, and quickly changing lives. Through calculated risk and challenges, Hillary Outdoors will equip students with the tools to be competent, to be able to guide themselves through an obstacle one step at a time, to have self-belief, and to face life’s challenges with sense of awareness and a level-head.

Wellbeing

“The wellbeing and welfare of our children should always be our focus.” - Todd Tiaht, Politician

A focus on experiential learning about wellbeing through outdoor education will give your students the tools to manage their physical, and emotional wellbeing, and to make good life choices. The key areas that will be covered, and role modelled, by our staff are: emotional self-management, emotional awareness, physical self-management, showing perseverance, and being physically active. Learning outcomes will help to support your students to further develop a balanced and active lifestyle.

ABOUT THE FOCUS AREAS

Leadership

"You don't have to be a fantastic hero to do certain things. You can be just an ordinary chap, sufficiently motivated to reach challenging goals." – Sir Edmund Hillary

Develop and enhance the leadership potential in your students. Leadership learning activities will explore leadership techniques, as well as attributes; providing practical experiences for students to develop and understand their own style of leadership.



Positive Mindset

"A positive attitude will lead to positive outcomes"

Developing the "can-do" attitude in your students; we'll explore tools to maintain a positive mindset and include activities to put this set to the test. Developing a positive mindset is about developing a way for participants to be the best versions of themselves.

Environmental Stewardship

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it is the only thing that ever has." – Margaret Mead

Learning outcomes support your student's ability to feel more connected to their natural environment. Your students will further develop their appreciation for our surroundings, our natural world, and our ecosystems. Through a range of outdoor students will learn transferable concepts and principles to protect their local environment in activities and environmental service.

Self-Management

"You have brains in your head. You have feet in your shoes. You can steer your self in any direction you choose." - Dr. Seuss

Self-management is the journey from adolescence to independence. At Hillary Outdoors we will support your students to build further the skills they need to take responsibility for their behaviour and wellbeing. Through experiential learning, community living, and outdoor adventure, your students will gain the tools to develop ownership, initiative, and responsibility further.

PROGRAMME EXAMPLE

FOCUS AREA - selected by the programme organiser

Select ONE focus area:

- Interpersonal Skills Growth Leadership
 Resilience Wellbeing Self-Management
 Positive Mindset Environmental Stewardship

LEARNING OUTCOMES - discuss with the Programme Coordinator

- Leadership styles Self-Leadership
 Leading from within / influence Stepping-up / courage
 Leadership skills and process Leading by example / mana
 Creating a team / culture

HIGH PRIORITY ACTIVITIES

Select up to two high priority activities, for example:

1. Kayaking
2. Rock climbing / abseiling

Your instructor will work with your group to design the programme based on the selected focus area, learning outcomes, group dynamic and weather forecast.

Example 5-Day Programme:

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Theme	Stepping-up / courage	Leading from within	Self-leadership	Leadership styles	Reflection & debrief
Activity	Local day (group initiatives, bush craft and navigation)	Water day (kayaking)	Activity day (rock climbing & abseiling)	Overnight expedition	Return from overnight expedition

OUR IMPACT



CHANGED THE LIVES OF

255,000

NEW ZEALANDERS
THROUGH ADVENTURE
SINCE 1972



DELIVERED

1,272,628

OUTDOOR EDUCATION
DAYS
SINCE INCEPTION



DISTRIBUTED

\$638,645

IN HILLARY STEP
SCHOLARSHIPS
IN FY2023-2024



EMPOWERED

2,292

YOUNG NEW ZEALANDERS
THROUGH SCHOLARSHIPS
IN FY2023-2024

EST. 1972


HILLARY
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EDUCATION CENTRES

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